

Tips for Patients Using Topical Retinoid

Wash your skin with a mild soap or cleanser, dry gently, and wait 20 to 30 minutes before applying medication to minimize irritation.

Apply once daily before bedtime or as directed by your physician.

Apply in a thin layer over the entire area specified by your aesthetician.

It may take time to get used to the stinging, burning, or irritating effects of this medicine, and irritation may be worse when it is cold or windy.

Keep this cream away from your eyes, mouth, and angles of the nose, and mucous membranes; if the medicine gets in your eyes, flush with cool water.

Do not apply more frequently or in larger amounts than prescribed.

Therapy for acne may take 12 weeks to see improvement. It may get worse before it gets better but this should not be a reason to discontinue therapy.

Do not wax your skin while you are on the medicine.

Do not take Vitamin A supplements.

Normal use of cosmetics is permissible, but wait at least one hour between applying your medicine and cosmetics.

If your skin becomes excessively dry during therapy, you may need a moisturizer. Please call the office if this happens.

You need to wear an effective sunscreen every time you are outside.

Stay out of the sun and do NOT use a tanning bed; wear protective clothing if you cannot avoid extended sun exposure.

Do not apply retinoid to cuts, abrasion, and eczematous or sunburned skin.

Do not use occlusive dressings with this medicine.

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Medical Skin Care Spa
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